



The Root Down

AN ADHD-INSPIRED PRESENTATION & PROCESS TO KNOW, RESPECT, AND CONNECT YOURSELF.

OUR MENTAL HEALTH MATTERS.

An estimated 8.7 million adults in the U.S. have ADHD. Studies suggest less than 20% know they have it. Let's learn about neurodiversity and **highlight our untapped potential.**

THE PRESENTATION

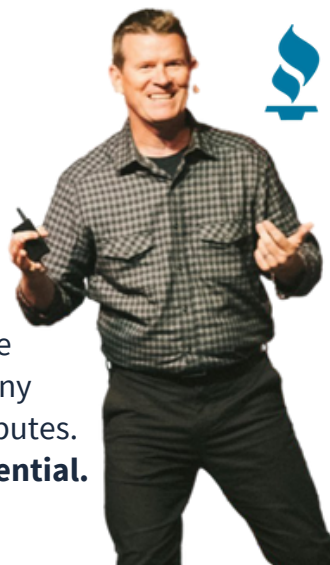
Caring about inclusion transcends checkboxes; it's about uniting everyone to celebrate strengths, foster connections, and achieve remarkable outcomes. Imagine a presentation that inspires your audience with groundbreaking insights and stories that shatter conventional boundaries.

The Root Down is an **ADHD-inspired process** that dismantles biases and equips individuals, regardless of their backgrounds, with a process to *know, respect, and connect* themselves.



- Celebrate Individuality & Personal Growth
- Cultivate Inclusion
- Forge Connections
- Embrace Innovation and Creativity
- Tap into Broader Skill Sets
- Enhance Problem-Solving
- Increase Employee Engagement & Retention

Recent studies illuminate the vast neurodiverse spectrum within our global population, yet many remain unaware of their unique cognitive attributes. **The Root Down highlights our untapped potential.**



THE SPEAKER

The Root Down was created by Futureforth CEO, author, and acclaimed keynote speaker **Dave Delaney**. Dave shares his personal story of being diagnosed with ADHD at fifty, giving your group a fresh perspective and tools to use regardless of whether their neurotype. There's something here for everyone, from saplings to mighty oaks.



"Dave blew me away (as well as the audience)... an amazing speaker."- LinkedIn.



"If you have an opportunity to work together, it will be worth it." - Google.



"The room was captivated by his brilliance...Dave is exceptional!" - Better Business Bureau.



"Dave has a unique ability to captivate a crowd in a way that keeps them engaged, pondering, and eager to learn more. I think it's because he resonates with our feelings as human beings FIRST, then applies the leadership and business lessons second. He just gets it. - International Association of Business Communicators.

